

# TWINS

## SUPPLIES

- Base for 2 sculptures i.e. piece of wood 9 cm by 9 cm 20 cm long. Drill two holes for
- 1/8 rods.
- 2 Styrofoam shapes for bodies measuring 23 cm long. Width at the top 5 cm and at the bottom 3 cm.
- 2 Styrofoam Eggs 4.5 cm for heads. Can't find them? Make heads with aluminum foil 2 cm wide 4.5 cm long.
- 2 (copper coated) Rods 1/8 each 30 cm long for legs or other sturdy, hard- to- bend material
- 2 kebab sticks 8 cm long to connect head with torso
- 500 gram Paverpol (in this photo Paverpol Black is used)
- 1 thin 100% cotton t-shirt, white without too much print
- 2 extra kebab sticks for sculpting
- 4 1 inch balls (cut off 1/4<sup>th</sup>) for breasts. Can't find them? Make small balls out of aluminum foil.
- Plastic wrap to cover wood while working on the sculptures
- Rags, bowl for water, plastic table cloth, floor covers
- Foil
- Apron
- Cotton mop for hair
- 2 Wrappers for turban. Alternative, 2 strips of very thin cloth (100% natural), 4 cm wide.
- Acrylic paint Reeves Burnt umber
- Acrylic Paint Stevenson Pyrole red



## STEP 1 Glue together

Glue (using Paverpol as the glue) pieces together: the copper rod (leg), Styrofoam torso, kebab stick (neck) and Styrofoam egg (head). See figure in photo A. Distance between chin and torso should be 1.5 cm (0.6"). The smallest part of the egg is the chin, have it pointing down.

Dry for at least 2 days.

## STEP 2 Cutting fabric

**Instructions below are for 1 sculpture.**

Cut the 2.5 cm (1") ball in two and place them on the torso to make breast (3 cm below top), foil the whole figure, photo B.

Cut off seam and hem from t-shirt and cut out the following:

1 square of 10 x 10 cm (4")

2 bibs; 7 cm wide 9 cm long cut slit in the middle, parallel to the 9cm long side

1 bib 11 cm wide 13 cm long, slit in the middle, parallel to the 13 cm long side

2 strips 6 cm wide 40 cm long

1 rectangle of 26 cm by 38 cm and cut this piece into 2 diagonals

Mob for hair; cut 5 strings 17 cm long (split each hair in 4, makes 20 hairs)

Wrapper; cut in half (or use a strip of thin cloth)

### **STEP 3 Paverpol**

Open your bucket of Paverpol and stir the content. For each of the following steps; dip your fabric in the Paverpol, saturating the piece. After completing #1- 5 you should NOT see foil anywhere.

1. Place the square over the head and neck, excess fabric can be placed on top of the head.
2. Small bib, place it around the neck (2 loose ends at the back).
3. The other small bib around the bottom of the torso where wire goes into the Styrofoam (2 loose ends at the back).
4. Strip: start at the bottom and wrap up in a diagonal, followed by the second one starting at the top on one side of the body (next to one of the breasts), and wrap diagonal down. If you have left over; give her hips with the excess.
5. Place the biggest bib around the neck, the 2 loose ends towards the back and stretch the sides towards the back.
6. Place one triangle over the shoulder and place the second triangle where-ever you would like to. It is important to make lots of folds in your fabric and let the fabric hang down in a point.
7. Wrapper (stretch it but don't pull too hard) start with one corner on the forehead, wrap it down towards the neck and up along the other side of the head, place the hairs (Paverpolled) on top of the head, let it fall down one shoulder and continue wrapping the wrapper into a turban.  
Use kebab sticks to create folds in outfit, turban and hair.

#### **Sculpture 2 with hair sticking out turban**

Cut the same pieces of fabric as above only the 'mop' measurements are different.

Mob for hair; cut 4 strings 11 cm long (split each hair in 4, makes 16 hairs)

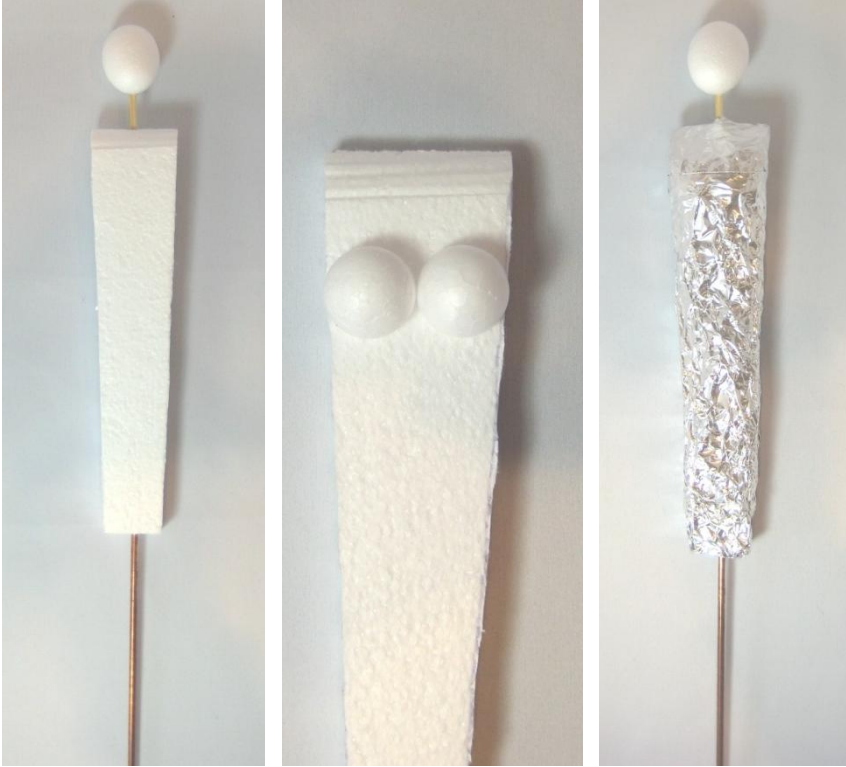
Mob for top; cut 10 strings 24 cm long (do not split)

One triangle around her hips, doubled up at the waist. One triangle over the shoulder towards the back of the sculpture covering the ends of the mop.

### **STEP 4 Painting**

Pick up some burnt umber with your brush, wipe most of the paint off on a paper towel and softly brush it on the whole figure (body, hair and clothes). Brush not in the direction of the folds but rather perpendicularly to them. Don't color it completely, but give accents on the folds for instance where it catches the light. This way you will still see the darker background better.

Do the same with Red, accenting the cloths only.



Wrap some foil around the neck as well.



Pieces of t-shirt (turban fabric not included)